

3 KEYS TO A SOLID SHOT



KEY #1: GROUND STRIKE

To create solid contact, players need a proper ground strike. This is when the club strikes the ball, followed by the ground after it. You will hear coaches refer to this as “Brushing the grass” on chip shots or “Click-Thump” when on the driving range. Maintaining your **ARM STRUCTURE** by letting the **TORSO TURN THE TRIANGLE** is essential for creating a good Ground Strike.

KEY #2: CENTER FACE CONTACT - IRONS

Where the ball strikes the club face greatly influences our ability to hit good shots and the direction. On irons, if the entire imprint of the golf ball is **FULLY TOUCHING THE GROOVES**, the shot is usually sufficient assuming Key #1 has been achieved. The picture on the right shows an example of five shots with each impact location fully touching the grooves.

