

3 KEYS TO A SOLID SHOT



Credit: www.AdamYoungGolf.com



KEY #1:

- Key #1 is achieved when you strike the [redacted] then the [redacted]
- Good arm structure is when the arms and shoulders create this shape: [redacted]
- This body part turns the shape from the previous question: [redacted].

KEY #2:

- Key #2 is created when the entire imprint of the golf ball touches the [redacted] on the iron face.
- Key #2 is very important for hitting driver because shots hit on the toe will (circle one) [Hook / Fade] and shots hit on the heel will [Hook / Fade] causing a loss of distance

KEY #3:

- The [redacted] determines the starting the direction of the golf ball.
- The [redacted] determines the direction the ball curves.